

SafeStart Extended Application Units

You've obtained incredible success with the implementation of SafeStart at your facility! Now what? How do you keep the enthusiasm and commitment alive?

There are now 5 Extended Application Units (EAUs) that reinforce the original SafeStart training, and provide additional applications for the SafeStart concepts. Depending on your training schedule, this will provide up to 5 years of SafeStart sustainability.

Designed as an annual or semi-annual follow-up to SafeStart, each of these enhancement units take about 60 – 90 minutes. Each unit reviews the original SafeStart concepts but the content is new and introduces more advanced concepts and techniques to further develop employee safety skills.

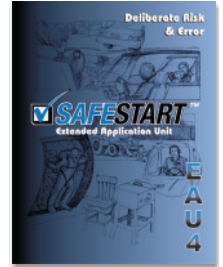
Sprains & Strains; Extended Application Unit 1

For most companies, sprains and strains are the leading causes of lost time injuries. Many of these are caused or partially caused by critical errors resulting from rushing, frustration, fatigue and complacency. Losing your balance, traction or grip increases the risk of spraining an ankle, straining a shoulder or wrenching a back muscle. This unit discusses how to prevent sprains and strains using SafeStart concepts and techniques. It also reviews the basic SafeStart concepts so those skills stay sharp.



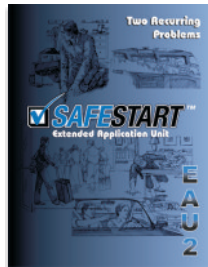
Deliberate Risk & Error; Extended Application Unit 4

There are many types of deliberate risks, but not all of them involve rushing, frustration, fatigue and complacency. The main purpose of this unit is simply to make people stop and think: when they are changing what they normally do because they're in a rush, frustrated or tired (fatigued); and when complacency contributes to doing something that increases the risk of error (texting while driving). The secondary purpose is to review the basic SafeStart concepts so they don't fade over time.



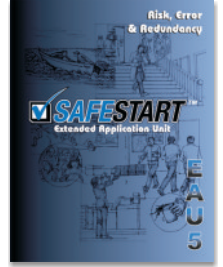
Two Recurring Problems; Extended Application Unit 2

SafeStart training will have improved the Critical Error Reduction Techniques of your employees. This unit presents strategies for dealing with two skills that probably still need work: complacency leading to mind not on task; and not self triggering quickly enough to prevent a critical error. This unit will also review what was covered in the original five-unit SafeStart course.



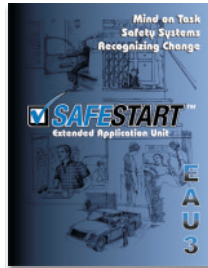
Risk, Error & Redundancy; Extended Application Unit 5

This unit explores the last two types of deliberate risk that SafeStart can help with: when complacency causes you to disregard (or not use) something that could limit the effects of a critical error, like not wearing a seat belt or not using a checklist; and when you don't "self-trigger" when you know you should because you're rushing, frustrated or tired (fatigued). Note: this is different than not self-triggering quickly enough, which was discussed in the extended application unit titled, "Two Recurring Problems". This unit also reviews the basic SafeStart concepts and summarizes the "extended applications" of those concepts introduced in the four previous extended application units.



Mind on Task, Safety Systems, Recognizing Change; Extended Application Unit 3

Employees will have reduced the number of injury causing errors and mistakes dramatically. This unit will help reduce errors that can be made when the only thing that stands between you and an error is your memory. When you're counting on your memory, vs a system or visible reminder for example, you've got to ask yourself at that moment if you can afford to take that risk. This unit is also about recognizing change or that things have changed. Any time you make a change to a system or habit then you also set yourself up for a mind not on task error. A brief review of SafeStart concepts starts off this unit.



For more information about the SafeStart Extended Application Units, please contact your Account Manager at 800-267-7482 or visit our website www.safestart-safetrack.com